

Detection of *Ovarian cancer*

Possible ovarian cancer symptoms include:

- Bloating
- Early satiety
- Abdominal, pelvic, or back pain
- Urinary frequency or urgency
- Bowel habit changes

Also: fatigue, indigestion, dyspareunia, menstrual irregularities, unexplained weight change

Common misdiagnoses: IBS or constipation, stress, depression, menopause, UTIs

Investigations: physical exam, CA-125, and ultrasound

If in doubt, check it out

Note: CA-125 may be normal in early ovarian cancer and pre-menopausal women.

Find CME and patient support:
ovariancancerfoundation.org.nz



**Ovarian Cancer
Foundation NZ**

Te Kaitiaki Mātē Pūkūpuku Kāhono-i-Kōpu ki Aotearoa

Prevention of *Ovarian cancer*

Ovarian cancer often starts in the fallopian tubes

Discuss opportunistic salpingectomy to reduce risk in the normal risk population when gynaecological surgery is planned.

1 in 10 ovarian cancers are hereditary

Ask about a family history of breast, ovarian, and bowel cancer to identify BRCA mutations and Lynch syndrome before cancer starts.

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